



WA Sprint Pathways Squad 2022/23 Selection Criteria

The Western Australian Sprint Pathways Squad (WASPS) selection criteria align with the basic principles contained in the [National Athletes' Pathway Framework \(NAPF\)](#) which is a “roadmap” to guide all stakeholders in the development of the athlete from Foundation to Mastery. Paddle Australia (PA) has used the Australian Institute of Sports' (AIS) model for the development of its athletes' pathways using the [FTEM framework](#) as its guide (see NAPF). PA uses Prognostic Performance Standards (PPS) to assess athlete performances and is a major indicator in selection (see Table 1).

This Criteria may be amended by Paddle WA (PWA) at any time for any one or more of the following reasons:

- (i) any change in ICF eligibility criteria, the program of events or rules.
- (ii) any change in the rules governing a particular race/event.
- (iii) to give effect to the Criteria following the discovery of a drafting error or oversight.
- (iv) to clarify any ambiguity or otherwise give effect to the intended meaning of the Criteria.
- (v) any other reason determined by Paddle Australia in its absolute discretion to be in the best interest of Paddle WA.
- (vi) Paddle WA shall not be responsible or liable in any way to anyone because of such amendment.
- (vii) any such amendment will be denoted by an asterisk (*).

The selection criteria are specifically targeting athletes aspiring to be selected in the various National underage teams (U15, U16, U17, U18, U21) for Asia Pacific Championships, Olympic Hopes, Junior World Championships, or any other international regatta Paddle Australia are selecting a representative team. U23 athletes may be selected/retained based on selection panel discretion.

The selection panel will comprise the following.

- WAIS Head Coach Canoe Sprint: Ramon Andersson
- WAIS Pathway Coach: Andrew Crothers
- Paddle WA Executive Officer: Rosalie Evans

WASPS Criteria

- (i) Athletes must be a member of a Paddle WA club affiliated with Paddle Australia.
- (ii) Athletes are encouraged to make every attempt to compete in the National Sprint Championships.
- (iii) *Athletes selected for the Asia Pacific Sprint Cup Team, Olympic Hopes Team or any approved Paddle Australia Junior Team (Note: National Junior team athletes selected to compete at the Junior World Championships or athletes achieving a National Team PPS may receive a WAIS scholarship or WAIS Training Agreement).
- (iv) *In 2021, due to COVID a National Development Squad was selected in place of Asia Pacific or Olympic Hopes Teams.
- (v) *Athletes achieving times in regattas or time trials in neutral conditions as specified in the PPS for their respective age group. Times have been calculated relative to World Best times for kayak athletes. See table at end of the document.

- (vi) *In assessing an Athlete's performance against the PPS times at their respective age groups, the Selection Panel 'may' consider relevant external factors that may have impacted the Athlete/Crew achieving the necessary PPS (including but not limited to weather conditions, e.g., wind speed/direction and currents).
- (vii) Athletes not meeting criteria (iii) – (v) may still be added to the WASPS at the sole discretion of the selection panel based on but not exclusively limited to historical performance in surf lifesaving events or other paddling disciplines such as: marathon, training performance, testing performance.
- (viii) Athletes are selected following the 2022 National Canoe Sprint Championships. Athletes may be added to the WASPS at any time over the course of the season at the discretion of the selection panel. Athletes may be deselected at any time if not meeting squad requirements regarding regular attendance to club or WASPS training and competition, factoring there may be times that this may not occur due to injury, illness, exam periods.
- (ix) Athletes from the 2021/22 Talent Identification (TID) squad or 2021 SLSWA Talent Identification Squad may be selected to the WASPS if in the opinion of the selection panel these athletes are displaying a level of commitment commensurate with a high performing junior athlete and are on an improvement trajectory that the selection panel believes will result in the athlete meeting WASPS standards within six months of WASPS selection.

WASPS Requirements

To be considered for the WASPS athletes must meet the following requirements.

- (i) Be available to train 1-2 times per week with the WASPS Coach, *in addition to* club squad training which comprises 2-4 sessions depending on the time of season; times and days to be advised by clubs.
- (ii) Be able to undertake Strength and Conditioning training 2 times per week at the WAIS under the guidance or consultation of the WASPS Strength and Conditioning specialist.
- (iii) In the event an athlete has a valid reason for not being able to attend Strength and Conditioning training at the venue highlighted above they must agree to undertake their own strength and conditioning at a venue suitable to them but working to the same program as other athletes in the squad and commit to meeting with the Strength and Conditioning coach each month to review program and check exercise form.
- (iv) Be available for lab testing at the WAIS, up to two times per year.
- (v) Wear WASPS gym apparel during gym sessions, wherever possible - weather permitting.

WASPS Benefits

- WASPS athletes receive free Strength and Conditioning services.
- Coaching sessions by WASPS Coach (or other allocated coach).
- Invitation to certain WAIS sessions and activities.
- Lab testing or on-water testing conducted by WAIS.
- WASPS gym training apparel.
- WASPS team building activities.

Table 1.*Performance Prognostic Standards (PPS) based on World Best Times.*

	WK1 200	WK1 500	WK2 500	WK4 500		MK1 200	MK1 1000	MK2 500	MK4 500	MK1 500
100%	00:38.590	01:47.046	01:37.810	01:29.418	World Best	00:33.741	03:24.006	01:26.860	01:18.163	01:35.544
95%	00:40.621	01:52.680	01:42.958	01:34.124	Senior Team	00:35.517	03:34.744	01:31.432	01:22.277	01:40.573
93%	00:41.495	01:55.103	01:45.172	01:36.148	U23 Team	00:36.281	03:39.362	01:33.398	01:24.046	01:42.736
91%	00:42.407	01:57.633	01:47.483	01:38.261	U21 Team	00:37.078	03:44.183	01:35.451	01:25.893	01:44.994
89%	00:43.360	02:00.277	01:49.899	01:40.469	Junior Team	00:37.911	03:49.221	01:37.596	01:27.824	01:47.353
88.5%	00:43.605	02:00.956	01:50.520	01:41.037	WASPS U23	00:38.126	03:50.516	01:38.147	01:28.320	01:47.960
86%	00:44.872	02:04.472	01:53.732	01:43.974	WASPS U21	00:39.234	03:57.217	01:41.000	01:30.887	01:51.098
86%	00:44.872	02:04.472	01:53.732	01:43.974	U17 Team	00:39.234	03:57.217	01:41.000	01:30.887	01:51.098
84%	00:45.940	02:07.436	01:56.440	01:46.450	WASPS U18	00:40.168	04:02.865	01:43.405	01:33.051	01:53.743
83%	00:46.494	02:08.971	01:57.843	01:47.732	U16 Team	00:40.652	04:05.791	01:44.651	01:34.172	01:55.113
82%	00:47.061	02:10.544	01:59.280	01:49.046		00:41.148	04:08.788	01:45.927	01:35.321	01:56.517
81%	00:47.642	02:12.156	02:00.753	01:50.392	WASPS U17	00:41.656	04:11.860	01:47.235	01:36.498	01:57.956
80%	00:48.238	02:13.808	02:02.262	01:51.772		00:42.176	04:15.008	01:48.575	01:37.704	01:59.430
79%	00:48.848	02:15.502	02:03.810	01:53.187		00:42.710	04:18.236	01:49.949	01:38.941	02:00.942
78%	00:49.474	02:17.239	02:05.397	01:54.638	WASPS U16	00:43.258	04:21.547	01:51.359	01:40.209	02:02.493
77%	00:50.117	02:19.021	02:07.026	01:56.127		00:43.820	04:24.943	01:52.805	01:41.510	02:04.083
76%	00:50.776	02:20.850	02:08.697	01:57.655		00:44.396	04:28.429	01:54.289	01:42.846	02:05.716
75%	00:51.453	02:22.728	02:10.413	01:59.223	WASPS U15	00:44.988	04:32.009	01:55.813	01:44.217	02:07.392

Note. WASPS Selection level performances as indicated above is set at 5% below the National Team PPS (see dark rows), which is the basis for National Team Selection.

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